

# Norbulingka Institute Art Workshop Curriculum

For guests and visitors wishing to try their hand at Tibetan arts, Norbulingka offers customized workshops for visiting individuals and groups. At the end of each workshop, guests will have a beautiful product to take home with them, which they themselves created, as well as a certificate recognizing their study at Norbulingka.

There is no application process for the workshops, guests are welcome to join at any time and stay as long as their schedule allows. The structure of the workshop is not a formal class, but more of an immersion experience. Under the supervision of a master artist, participants will be aided in their learning based on the traditional curriculum any beginning apprentice would follow. Longer staying visitors love the environment of the Norbulingka studios and easily become part of our community!

## **Tibetan Wood Painting**

At Norbulingka, special technique of embossing known as kyumbur was revived about decade ago, it was traditionally used to decorate furniture and the walls of temples. The technique of relief painting gives a three-dimensional look to the designs, making them seem to pop off their flat surfaces.

Students in this workshop will choose one of our original designs to emboss onto a wooden frame. When the embossing is complete, the student can block in the image using bold color, and finally, varnish it to create the finished piece. While the embossing technique is relatively simple, developing a hand steady enough to create a perfect line requires months of practice.

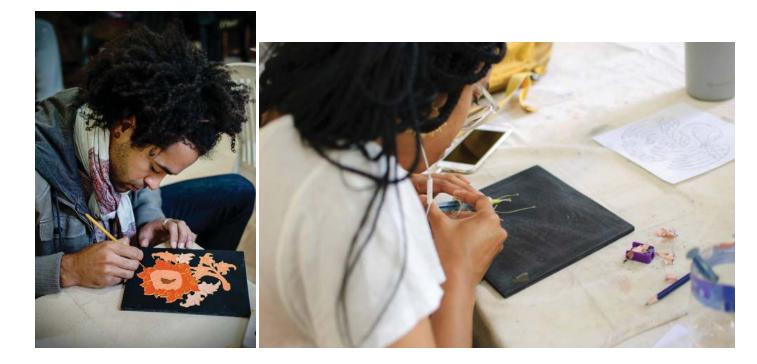
This is a very popular workshop and is loved by children. We can also adapt the workshop to make it suitable for children as young as 6 years.



Below is the basic curriculum of the wood painting workshop, although, the actual time it takes to complete each task will depend on the student. It is not necessary to have any prior experience.

#### 1/2 - 1 day:

Students can complete a simple painting from our design collection, beginning with practice using the relief painting tool, and then moving to an already prepared board or framed wall hanging.



## 3 days:

For the 3-day workshop, the students will complete the half-day exercise to make a painting on a readymade board/wall hanging. Once they complete it, students will learn to prepare the framed wall hanging by sanding and painting the base for the wall hanging, he/she can then choose a design from our collection. This would be a wholesome learning experience for the student as he/she will carry out the project from the start until the end .







### 5 days:

For the 5-day workshop, the students will complete the half-day short exercise to paint on a readymade board. The students will then learn to prepare the base for the wall hanging - sanding & painting the frame wall hanging. Additionally, they will be learn to make the kyumbur paste themselves with the master artist. The students can then choose a more intricate design from our collection. The students who enroll for this program will also receive a readymade framed wooden board to take home so one can make your own painting, using the techniques you learnt in our program.

Those staying for longer periods can do so, and the focus with longer stays would be to master the technique, in order to create a perfect line using the relief painting tool.

